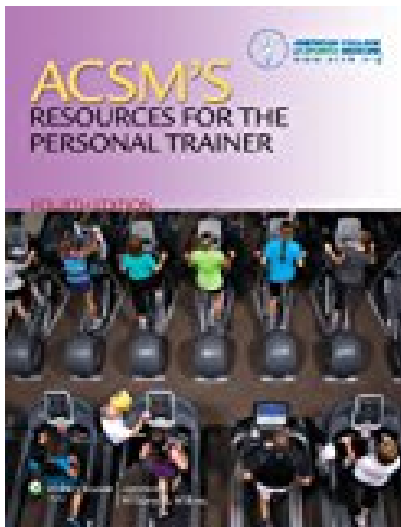


# ACSM Resources for the Personal Trainer 4e Text & PrepU; and ACSM's Guidelines for Exercise Testing and Prescription 9e Text Package

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## BOOK DETAILS

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- Publisher : LWW
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## **BOOK SYNOPSIS**

Personal trainers are in demand! This package contains the recommended study products for the American College of Sports Medicine Certified Personal Trainer<sup>SM</sup> exam so you can prepare to get certified and practice effectively. The certification kit includes ACSM's Guidelines for Exercise Testing and Prescription, Ninth Edition; ACSM's Certification Review, Fourth Edition; and ACSM's Resources for the Personal Trainer, Fourth Edition.

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